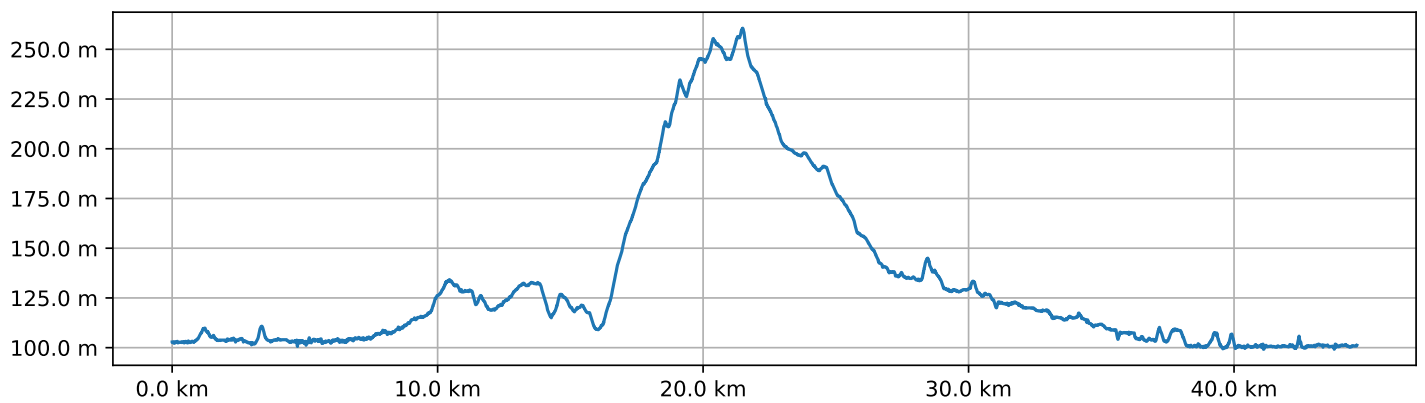
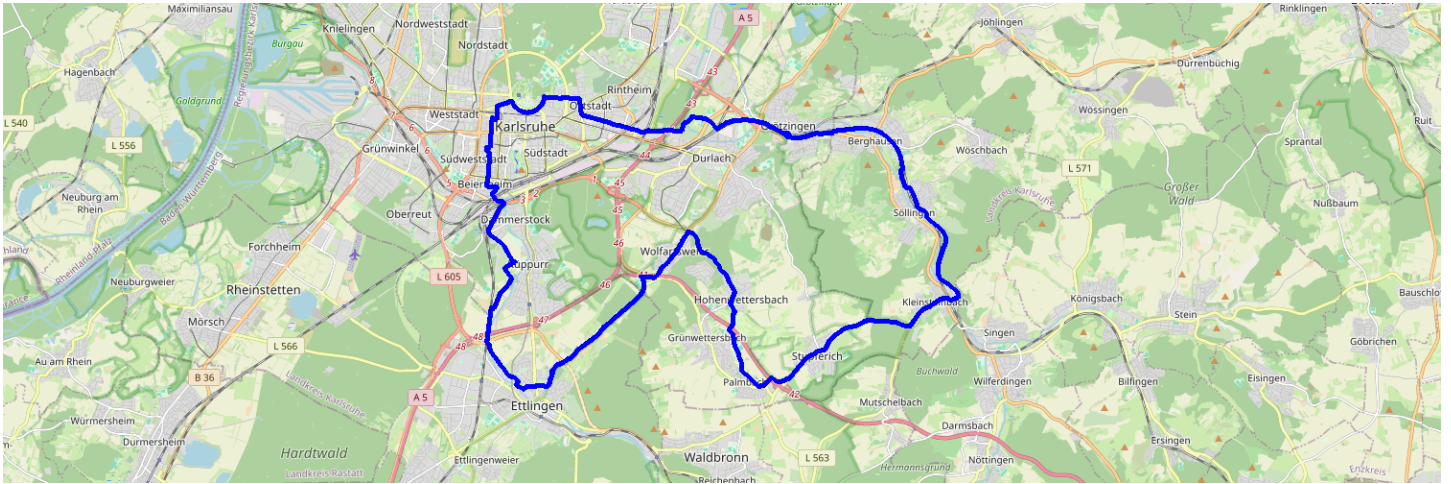


Karoo-Evening_Ride-2026-07-22-1806.fit

christoph



Date	Jul 22, 2026, 4:06:46 PM
Length	44.627 km
Uphill	499.6 m
Downhill	501.2 m
Moving Time	1:42:57
Stopped Time	0:05:47
Max Speed	74.751 km/h
Average Speed	26.009 km/h