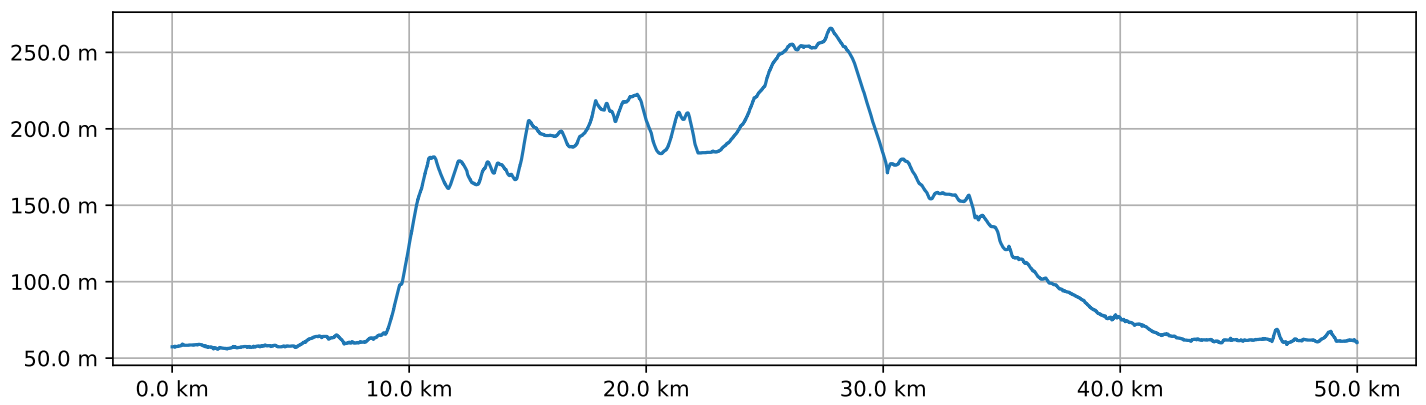
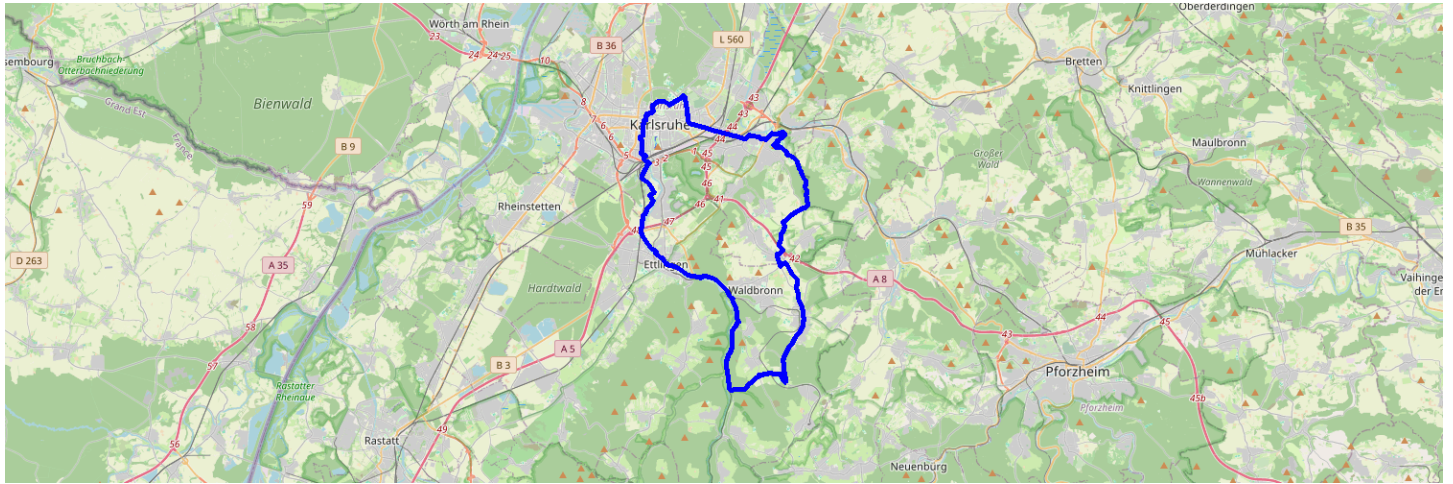


Karoo-Afternoon_Ride-2026-07-19-1259.fit

christoph



Date	Jul 19, 2026, 11:00:16 AM
Length	49.984 km
Uphill	492.8 m
Downhill	489.8 m
Moving Time	2:32:15
Stopped Time	0:59:45
Max Speed	80.305 km/h
Average Speed	19.698 km/h